

Ain't That Lonely Yet

Description: Partner Dance. (56 Counts) Same Footwork throughout, unless otherwise stated.

Start: Volkswagen Position (VW) Left Arms On Top. (Both Facing LOD)

Choreographers: Alan & Sonia Cole. (alan.sonia@btinternet.com)

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Music: "Ain't That Lonely Yet" by Dwight Yoakam. Start on vocals



www.coupledance-storemerlose.dk

Dance Choreographed for the 10th Anniversary of "Coupledancetræf Sjælland"

Held at St. Merløse Hall, Holbækvej, 25th February 2017.

Many Thanks to Jette & Kurt for inviting us to teach at the event and for suggesting the Music

BOTH Cross Rock, Side Shuffle. GENT walk,walk, shuffle. LADY Full turn, ½ turn Shuffle Lt.

1 - 4 Cross Rock on Lt, Recover on Rt, Side Shuffle Lt on Lt, Rt, Lt.

5 - 8 GENT Walk fwd Rt, Lt, Rt Shuffle Fwd taking both arms over Ladies head as she turns. (LOD)

LADY Turn Full Turn Lt on Rt, Lt, Shuffle ½ Turn Lt on Rt, Lt, Rt, passing in front of Gent taking arms over head as you turn

To end up on ILOD facing RLOD, Lt Shoulder to Lt Shoulder arms crossed in front Rt on Top

GENT Lt Rock Step, Shuffle Back, LADY Lt Back Rock, Shuffle Forward.

9 - 12 GENT Rock Fwd on Lt, Recover on Rt, Shuffle Backwards on Lt, Rt, Lt.

LADY Rock Back on Lt, Recover on Rt, Shuffle Forward on Lt, Rt, Lt

GENT Step Back Rt, Lt, Rt Shuffle Back, LADY ½ turn Rt, Back into VW position, Shuffle Backwards

13 - 16 GENT Walk Back Rt, Lt, Shuffle Backward on Rt, Lt, Rt.

LADY Turn ½ Turn Rt on Rt, Lt taking both Arms over head ending in front in VW, Shuffle Backward on Rt, Lt, Rt.

BOTH Back Rock, Shuffle Forward, ¼ Rt, side together, Rt Side Shuffle

17 - 20 Rock Back on Lt, Recover on Rt, Shuffle Forward on Lt, Rt, Lt

21 - 24 Step ¼ Turn Lt on Rt, Step Lt Next To Rt, Gent behind Lady Indian Position both facing ILOD, Side Shuffle Rt on Rt, Lt, Rt

(Taking Lt Arms over Ladies Head into Indian Position, Arms Slightly Splayed at Shoulder Height)

BOTH Back Cross Rock, Side Shuffle, ¼ Back Cross Rock ½ Lt Shuffle

25 - 28 Rock Lt behind Rt, Recover on Rt, Lt Side Shuffle on Lt, Rt, Lt.

29 - 32 ¼ Rock Rt behind Lt, Recover on Lt, ½ Shuffle Lt to face RLOD on Rt, Lt, Rt. (start to raise Rt Arms)

BOTH ½ turn Lt into Hammerlock, Shuffle Forward

33 - 36 Turn ½ Turn Lt stepping back ¼ on Lt, stepping ¼ fwd on Rt Dropping Lt Hands Taking Rt Arms over Ladies Head to behind Gent and picking Lt up in Front in Hammerlock to LOD Shuffle Forward on Lt, Rt, Lt.

GENT Walk, Walk, Shuffle Forward. LADY Walk, Walk, Shuffle Forward, Changing Sides.

37 - 40 GENT Walk Fwd on Rt, Lt, Shuffle Forward on Rt, Lt, Rt. Release Rt Hands, Take Lt arms over Ladies Head.

LADY Walk across Front of Gent on Rt, Lt, Shuffle Forward on Rt, Lt, Rt,

(Release Rt Hands, Take Lt arms over Ladies Head. Pick Rt hands back up going into in Sweetheart Position after Lady Travels in Front Of Gent.)

BOTH Walk, Walk, , Shuffle Forward, Rock Step, ½ Shuffle Rt

41 - 44 Walk Fwd on Lt, Rt, Shuffle Forward on Lt, Rt, Lt.

45 - 48 Rock Fwd on Rt, Recover on Lt, Drop Lt hands, ½ Shuffle Rt on Rt, Lt, Rt,

BOTH Step Turn ½ Turn Rt back into VW, Shuffle Fwd, GENT Walk Walk Shuffle, LADY Full Turn Rt back into VW

49 - 52 Step Fwd on Lt, Pivot ½ Rt Stepping on Rt (take Rt Arms over Gents Head, Pick Lt up in Front now in VW Rt on Top Shuffle Fwd on Lt, Rt, Lt.

53 - 56 GENT Walk Fwd on Rt, Lt, Shuffle Fwd on Rt, Lt, Rt,

LADY turn Full Turn Rt on Rt, Lt, Shuffle Fwd on Rt, Lt, Rt.

(take both Arms over Ladies head back into VW position Lt on Top)

Happy Dancing
Alan & Sonia