



Feelings

Choreographed by Conny Gasberg, DK

Musik: Listen To Your Senses by Alan Jackson (CD: Good Time)

Description: 64 count, Beg/Inter Partnerdance, Two step

Sweet Heart position



Intro: 4x8 counts

<b>Sektion 1</b>	<b>Toestruts Jazzbox</b>		
1 - 2	Cross right toe over left, Drop right heel taking weight		
3 - 4	Step left toe backwards, Drop left heel taking weight		
5 - 6	Step right toe to right side, Drop right heel taking weight		
7 - 8	Step left toe forward, Drop left heel taking weight		
<b>Sektion 2</b>	<b>Lockstep right, Hold, Right ¼, Cross, hold</b>		
1 - 2	Step right forward, Lock left behind right		
3 - 4	Step right forward, Hold		
5 - 6	Step left forward, ¼ turn right		
7 - 8	Cross left over right, Hold (Indian position)		
<b>Sektion 3</b>	<b>Side rock right together hold, Side rock left together, Hold</b>		
1 - 2	Rock right to right side, Recover on left		
3 - 4	Step right next to left, Hold		
5 - 6	Rock left to left Side, Recover on right		
7 - 8	Step left next to right, Hold		
<b>Sektion 4</b>	<b>Shuffle ¼ turn right, Hold, Step ¼ turn left, Cross, Hold</b>		
1 - 2	Step right ¼ turn right, Step left next to right		
3 - 4	Step right forward, Hold		
5 - 6	Step left forward, Turn ¼ right		
7 - 8	Cross left over right, Hold (Reverse Indian)		
<b>Sektion 5</b>	<b>Side rock cross, Side rock ¼ turn, Step</b>		
1 - 2	Rock right to right side, Recover on left		
3 - 4	Cross right over left, Hold		
5 - 6	Rock left to left side, Recover on right turning ¼ right		
7 - 8	Step left forward, Hold		
<b>Sektion 6</b>	<b>Right forward rock, Recover, Right back step, Left back rock, Recover, Left step forward.</b>		
1 - 2	Rock forward on right, Recover on left		
3 - 4	Rock back on right, Hold		
5 - 6	Rock back on left, Recover on right		
7 - 8	Step left forward, Hold		
<b>Sektion 7</b>	<b>Right lockstep, Left lockstep</b>		
1 - 2	Step right forward, Lock left behind right		
3 - 4	Step right forward, Hold		
5 - 6	Step left forward, Lock right behind left		
7 - 8	Step left forward, Hold		
<b>Sektion 8</b>	<b>Man: Shuffle forward, Lady: 2 half turn shuffle left</b>		
	<b>Man</b>		<b>Lady</b>
1 - 2	Step right forward, Step left next to right	1 - 2	Shuffle right-left ¼
3 - 4	Step right forward, Hold	3 - 4	Right 1/4 turn right, Hold
5 - 6	Step left forward, Step right next to left	5 - 6	Shuffle left-right ¼
7 - 8	Step left forward, Hold	7 - 8	Left ¼ turn left, Hold