

OOP'S I SLIPPED

Choreographed by Mark & Jan Caley (01255 431114) (03/02) mark@mcaley.freeserve.co.uk
<http://www.mcaley.freeserve.co.uk>

Description 32 Count Beginner/ Easy Intermediate Partner Dance

Music I Slipped and fell in Love - Alan Jackson (118BPM) (Drive C/D)
 Trouble - Mark Chestnut (114BPM)
 24 7 365 - Neal McCoy (128BPM) or any Swing type track



Start Position: Right Open Promenade (holding inside hands facing LOD)

	MAN	LADY
	MAN:-KNEE ROLLS, ROCK, SIDE SHUFFLE	LADY:-KNEE ROLLS, ROCK, SIDE SHUFFLE
1-2	Roll Left Knee CCW, Roll Right Knee CW	Roll Right Knee CW, Roll Left Knee CCW
3-4	Repeat 1-2	Repeat 1-2
5-6	Rock back on Left, Recover to Right	Rock back on Right, Recover to Left
7&8	Side shuffle making ¼ turn Right - Lt, Rt, Lt	Side shuffle making ¼ turn Left - Rt, Lt, Rt
	Counts 1-4 Knee Rolls can be substituted for Hip Bumps	
	(Lady facing inside the circle), Touch Mans Left hand and Ladies right on count 8	
	SHUFFLES FORWARD, ROCK, ½ TURN SHUFFLE	
9&10	Shuffle forward making ¼ turn left- Rt, Lt, Rt	Shuffle forward making a ¼ turn Right Lt, Rt, Lt
11&12	Side Shuffle to Left making ¼ turn Right (Over Counts 7-12 you will travel forward in LOD)	Side shuffle to Right making ¼ turn Left
	Now facing each other man holding both Hands	
13-14	Rock back on Right, Recover to Left	Rock back on Left, recover to Rt
15&16	Right shuffle forwards making ½ turn Left	Left shuffle forwards making ½ turn Right
	Mans Rt releases ladies Lt. Raise Mans Lt arm, Ladies Rt so lady turns under her own Rt Arm	
	(At this point man is on the outside facing into the circle, lady is on inside facing outside the Circle)	
	ROCK STEP, RECOVER, SHUFFLES, ROCK & CROSS	
17-18	Rock back on Left, Recover weight to Right Left Shuffle forwards making ½ turn Right	Rock Back on Right, Recover weight to Left Right Shuffle forwards making ½ turn Left
	Ladies turns under her own Right Arm	
19&20		
21-22	Rock back on Rt, Recover weight to Left	Rock Back on Left, Recover weight to Right
	Rejoin Double Hand Hold, facing each other, man on inside facing OLOD	
23&	Right Rock to Rt Side, Step Lt in Place	Left Rock to left side, Step Right in place
24	Cross Right over left	Cross Left over Right
	WALK, HOLD, WALK, HOLD, SHUFFLE (X2)	
	Release Mans Left hand with ladies Right	
25-26	Make a ¼ turn Lt walk forward on Left, Hold	Make a ¼ turn Rt and walk forward on Right, Hold
	Now facing LOD in Open promenade position, holding inside hands	
27-28	Walk forward on Right, Hold	Walk forward on Left, Hold
29&30	Left Shuffle Forward	Right Shuffle forward
31&32	Right Shuffle Forward	Left Shuffle Forward

Start Again



Every effort has been made to ensure these cue Sheets are accurate, Should you find any errors,
Please let me know via e-mail thank you..... Robert

<http://www.arjjazedance.free-online.co.uk>

March 2002