

Colorado Girls

Partner Dance



200 Mishnock Rd, West Greenwich, RI 02817
www.mishnockbarn.com albro5@cox.net

Choreographed by: Dan Albro (04/09/2012)

www.old-farmers.dk

Choreographed For: **MAYFEST 2012** – Pontivy, France.

Description: 32 count, Beginner/Intermediate Partner Dance

Music: Colorado Girl by: The High Rollers (132 bpm)

Intro: 16 count intro, start with lyrics

Start: Two hand hold, Men facing outside (OLOD), ladies facing inside line of dance (ILOD).
Men's footwork described, ladies footwork is opposite.

1-8 SHUFFLE SIDE, ROCK, STEP, SHUFFLE SIDE, ROCK, STEP
1&2,3,4 Step side L, step R next to L, step side L, rock back R, replace weight L
5&6,7,8 Step side R, step L next to R, step side R, rock back L, replace weight R

9-16 WEAVE, LUNGE, ROCK, STEP
1,2,3,4 Step side L, cross R behind L, step side L, cross R over L
5,6,7,8 Large step side L, drag R toe toward L, rock back R, replace weight L

Hands:

On count 7 release man's right, ladies left hand

17-24 (BELT LOOP SWITCH) SHUFFLE FWD, ROCK, STEP, SHUFFLE SIDE, SHUFFLE SIDE
Switching sides on counts 1 & 2, ladies staying BLOD of man
1&2 Turn ¼ left stepping side R, step L next to R, turn ¼ left stepping back R (facing ILOD)
3,4 Rock back L, replace weight on R
5&6,7&8 Step side L, step R next to L, step side L, step side R, step L next to R, step side R

Hands:

*On count 1 man raises right arm over ladies head, dropping off ladies right hand on his right hip.
Lady slides her right hand around man waist (belt loops) keeping eye on him as they change sides.
On count 2 man's picks up ladies right hand at his left hip with his left hand.
On count 4 man's picks up ladies left in his right – now in two hand hold.*

25-32 ROCK, STEP, TWO SHUFFLES TO CHANGE SIDES, ROCK, STEP
Switching sides, lady staying BLOD of man
1,2,3&4 Men Rock back L, replace weight R, turn ¼ left stepping L, R, L in place
5&6,7,8 Turn ¼ left stepping R, L, R in place, rock back L, replace weight on R (facing OLOD)
1,2,3&4 Lady Rock back R, replace weight L, step fwd R, step L next to R, step fwd R
5&6 Turn ¼ right stepping side L, step R next to L, turn ¼ right stepping side L (facing ILOD)
7,8 Rock back R, replace weight L

Hands:

*Ladies will be passing BLOD of man on counts 3&4.
On count 5 lady will drop his right hand turning under his left arm.
On count 7 men pick up ladies left hand returning to original two hand hold.*

Encore