

Good Hearted Woman

Choreographed by Unknown

Description; 64 intermediate partnerdance

Music: Good Hearted Woman – Waylon Jennings & Willie Nielson

Intro: 24 count



www.coupledance-storemerlose.dk

Position: Reverse Challenge

(Back To Back - Male ILOD face, woman face OLOD)

www.old-farmers.dk

MEN

WOMEN

STEP, PIVOT ½ TURN, SHUFFLE, STEP, PIVOT ½ TURN, ¼ TURN SHUFFLE

- 1-2 Step right forward, Pivot ½ turn left.
Step left forward, Pivot ½ turn right.
Partners across left shoulder to shoulder
- 3 & 4 Shuffle forward right, left, right
Shuffle forward left, right, left
- 5-6 Step left forward, Pivot ½ turn right step right forward,
Pivot ½ turn left - The woman crossed in front of man
- 7 & 8 Turn ¼ turn right on right ball & Shuffle to the left side,
Pivot ¼ turn left on left ball & Shuffle to the right side

BACK ROCK, SHUFFLE, WALK, WALK, SHUFFLE

- 1-2 Rock right back, recover weight on left foot
Rock left back, Recover weight on right
- 3 & 4 Shuffle forward right, left, right
Shuffle forward left, right, left
- 5-6 Step left forward, Step forward right
Step forward, Step left forward
- 7 & 8 Shuffle forward left, right, left
Shuffle forward right, left, right

MAN: STEPS ON THE SPOT TURNING ½ TURN, TRIPLE STEP, STEP, PIVOT ½ TURN, SHUFFLE

LADY: WALKS TURNING ½ TURN, TRIPLE STEP, STEP, PIVOT ½ TURN, SHUFFLE

- 1-2 Step right, left ½ turn right, step
left, right ½ turn left, left hands should finish in the lower back of the Man
- 3 & 4 Triple step right, left, right
left, right, left, Shuffle
Release hands



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MEN

WOMEN

- 5-6 Step left forward, Pivot ½ turn right
step right forward, Pivot ½ turn left
You are now in position facing LOD Left Open Promenade
- 7 & 8 Shuffle forward left, right, left
Shuffle forward right, left, right

MAN: WALK, SHUFFLE STEPS ON THE SPOT, SHUFFLE

LADY: WALK, SHUFFLE TURNING ½ WALKS TURN, SHUFFLE BACK

- 1-2 Step right forward, Step left forward,
Step left forward, Step right forward
- 3 & 4 Shuffle forward right, left, right
Shuffle forward left, right, left
Raise the arms and the woman goes below
- 5-6 Step left, right, locally before ½ turn left
Double Hand Hold Position, Male AFCE LOD woman AFCE RLOD
- 7 & 8 Shuffle forward left, right, left
Shuffle forward right, left, right

MAN: SIDE ROCK, CROSS SHUFFLE, SIDE ROCK, TRIPLE STEP

LADY: SIDE ROCK, CROSS SHUFFLE, SIDE ROCK, CROSS SHUFFLE ½ TURN

- 1-2 Rock right to side, Recover weight on left foot
Rock left to side, Recover weight on right
- 3 & 4 Shuffle left foot across front right, left, right
Shuffle right, left, right, left foot across front
- 5-6 Rock left to side, Recover weight on right
Rock right, Recover weight on left foot
**Drop left hand to right hand man and the woman. The woman passes
under the arm**
- 7 & 8 Triple step right, left, right
left, right, left, Shuffle left foot across front turning ½ turn left
Position Right Open Promenade LOD

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MEN

WOMEN

ROCK STEP BACK, SHUFFLE, WALK, WALK, SHUFFLE

1-2 Rock right back, recover weight on left foot

Rock left back, Recover weight on right

3 & 4 Shuffle forward right, left, right

Shuffle forward left, right, left

5-6 Step left forward, Step forward right

Step forward right, Step left forward

7 & 8 Shuffle forward left, right, left

Shuffle forward right, left, right

ROCK STEP, SHUFFLE ½ TURN, STEP, PIVOT ½ TURN, ¼ TURN SHUFFLE

1-2 Rock right forward, Recover weight on left

rock left forward, Recover weight on right

Drop hands

3 & 4 Shuffle ½ turn right right, left, right

left, right, left Shuffle ½ turn left

5-6 Step left forward, Pivot ½ turn right

step right forward, Pivot ½ turn left

7 & 8 Shuffle left, right, left, left side ¼ turn right

shuffle right, left, right, right side ¼ turn left

Double Hand Hold position, front man OLOD woman AFCE ILOD

ROCK STEP BACK, ¼ TURN SHUFFLE, STEP ¼ TURN, BEHIND, SIDE SHUFFLE

1-2 Rock right back, recover weight on left foot

Rock left back, Recover weight on right

Drop right hand to left hand man and the woman

3 & 4 Shuffle right, left, right,

Shuffle turn ¼ right ¼ turn left

Open Promenade Position Left side RLOD

5-6 Step left ¼ turn right, step left foot crossed behind right

step right ¼ turn left, Step L behind right

7 & 8 Shuffle right, left, right

Shuffle left, right, left to right

Repeat :-)

Happy Dance