

Mama's Boy

Choreographed by Michael Schmidt

Description: 32 count, low intermediate partner/circle dance

Music: If You Want A Mother by Gretchen Wilson

Alt.: How I'll Always Be by Tim McGraw (186 bpm)



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Position: Start in Promenade Position holding inside Hands. Both facing LOD. Opposite footwork unless otherwise stated

Intro - Begin on lyrics

HEEL, TOE, SHUFFLE, HEEL & HEEL & SHUFFLE

- 1-2 MAN: Touch right heel forward, touch right back
 LADY: Touch left heel forward, touch left back
- 3&4 MAN: Chassé forward right-left-right
 LADY: Chassé forward left-right-left
- 5&6& MAN: Touch left heel forward, step left together, touch right heel forward, step right together
 LADY: Touch right heel forward, step right together, touch left heel forward, step left together
- 7&8 MAN: Chassé forward left-right-left
 LADY: Chassé forward right-left-right

FULL TURN, SHUFFLE, ROCK RECOVER ¼ TURN, STEP TURN STEP

- 1-2 MAN: Turn ½ left and step right back, turn ½ left and step left forward
 LADY: Turn ½ right and step left back, turn ½ right and step right forward
- 3&4 MAN: Chassé forward right-left-right
 LADY: Chassé forward left-right-left
- Release hands on count 5**
- 5&6 MAN: Rock left forward, recover to right, turn ¼ left and step left side (ILOD)
 LADY: Rock right forward, recover to left, turn ¼ right and step right side (OLOD)
- 7&8 MAN: Step right forward, turn ½ left, step right forward (OLOD)
 LADY: Step left forward, turn ½ right, step left forward (ILOD)
- Rejoin into Double Hand Hold Position on count 8**

SIDE TOUCHES, SIDE-TOGETHER-SIDE-TOUCH, SIDE TOUCHES, SIDE-TOGETHER-SIDE

- 1&2& MAN: Step left side, touch right together, step right side, touch left together
 LADY: Step right side, touch left together, step left side, touch right together
- 3&4& MAN: Chassé side left-right-left, touch right together
 LADY: Chassé side right-left-right, touch left together
- 5&6& MAN: Step right side, touch left together, step left side, touch right together
 LADY: Step left side, touch right together, step right side, touch left together
- 7&8 MAN: Chassé side right-left-right
 LADY: Chassé side left-right-left

SAILOR ¼ TURN, SHUFFLE, WALK WALK (LADY: FULL TURN), SHUFFLE

- Release front hands on count 1**
- 1&2 MAN: Cross left behind, turn ¼ left and step right in place, step left forward (LOD)
 LADY: Cross right behind, turn ¼ right and step left in place, step right forward (LOD)
- 3&4 MAN: Chassé forward right-left-right
 LADY: Chassé forward left-right-left
- On count 5 raise arms over lady's head**
- 5-6 MAN: Step left forward, step right forward
 LADY: ¼ turn right stepping right, ¼ turn right stepping left back
- 7&8 MAN: Chassé forward left-right-left
 LADY: ¼ turn right stepping right side, step left together, ¼ turn right stepping right forward

repeat