

Try Mama Try

Choreographed by dancers in Couplendance St. Merløse dec. 2015

Description: 64 count intermediate couplendance

Music: Mama Tried by George Canyon

Double hold hand, opposit footwork unless stated



www.couplendance-storemerlose.dk

1. coasterstep, hold, coasterstep, hold

- 1 - 4 Lady: step back on right, step step left beside right, step forward on right, hold
 Man: Step forward on left, step right beside left, step back on left, hold
- 5 - 8 Lady: step forward on left, step right beside left, step back on left, hold
 Man: step back on right, step left beside right, step forward on right, hold

2. Lady: ¼ turn right, full turn right, Man: ¼ turn left, chasse forward, hold

On count 10 – release lady's right, & man's left hand

- 9 - 12 Lady: step right to side, step left beside right, ¼ turn right, hold,
 Man: step left to side, step right beside left, ¼ turn left, hold
 The couple now in right promenade
 release left hand raise right hand
- 13 - 16 Lady: full turn right, left, right, left, hold,
 Man: Chasse forward, right, left, right, hold
 The couple back in right promenade

3. Lock step, hold, lock step, hold

- 17 - 20 Lady: step forward on right, step left behind right, step forward on right, hold
 Man: step forward on left, step right behind left, step forward on left, hold
- 21 - 24 Lady: step forward on left, step right behind left, step forward on left, hold
 Man: step forward on right, step left behind right, step forward on right, hold

4. Lady: weave, sweep, behind side cross, hold Man: behind side cross, sweep, weave, hold

On count 25 – 32 – release hands

- 25 - 28 lady goes in front of the man: right cross left, left to side, right behind left, start
 sweep left behind right
 Man goes behind the lady: left behind right, right to side, left cross right, start
 sweep right in front left
- 29 - 32 Lady goes behind the man: left behind right, right to side, left cross right, hold
 Man in front on the lady: right cross left, left to side, right cross behind left, hold
 Rejoin lady's left & man's right hands, the couple back in right promenade.

Tag in round 4 on count 29 – 32:

Lady: sailorstep with ¼ turn left, hold,

Man: sailorstep with ¼ turn right, hold

- 29 – 32 **Lady: left cross behind right, step forward on right ¼ turn left, step forward
 on left, hold**
 **Man: right cross in front left, step forward on left ¼ turn right, step back on
 right, hold**
 The couple back in double hold hand
 restart

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5. lockstep forward x 2, hold,

33 - 36 lady: cross right, left, right, hold

Man: cross left, right, left, hold

37 - 40 Lady: cross, left, right, left, hold

Man: cross right, left, right, hold

6. Forward touch, back, kick, coasterstep, hold

49 - 52 Lady: Step forward on right, touch left behind right, step back on left, kick right forward

Man: step forward on left, touch right behind left, step back on right, kick left forward

53 - 56 Lady: step back on right, step left beside right, step forward on right, hold

Man: step back on left, step right beside left, step forward on left, hold

7. Lock step, hold, heel, hook, heel, flick.

41 - 44 Lady: step forward on left, step right behind left, step forward on left, hold

Man: step forward on right, step left behind right, step forward on right, hold

45 - 48 Lady: right heel forward, right hook over left, right heel forward, right foot flick

Man: left heel forward, left hook over right, left heel forward, left foot flick

8. Step turn step, hold, step forward, step ¼ turn, hold

57 - 60 Lady: step forward on right, turn ½ left, step forward on right, hold

Man: step forward on left, turn ½ right, step forward on left, hold

61 - 64 Lady: step forward on left, step forward on right ¼ turn right, step left beside right hold,

Man: step forward on right, step forward on left ¼ turn left, step right beside left, hold

rejoin in double hold hand

Repeat and have fun